

Some people at Lajes work quietly behind the scenes, showing their heroic traits by volunteering their time to help others. See page 2.



Celebrating the 4th

[Right] Lance, left, and Destiny Sellner wave U.S. flags while waiting for the 4th of July fireworks [above] to begin Monday. The evening's events, which took place at the 65th Security Forces Squadron fields, also included food, games and live music. (Photos by Senior Airman Jacob McCarthy)



First Look

Water quality

The 2004 Drinking Water Quality Report is available on the Lajes Mission Public Folder, in the post office, or at Bioenvironmental Engineering.

This report contains information on the quality of the drinking water on Lajes Field.

In summary, the water at Lajes is high in quality and safe to drink.

Preflight

- **Days since last DUI .. 80**
- **DUIs since Jan. 1 2**
- **Current AEF 5 & 6**
- **Current FPCON Alpha**
- **Strong Patriot July 26**
- **Combat Nighthawk team: 1st Lt. Jason Carter, 65th Medical Operations Squadron; Senior Master Sgt. Steven Milroy, 65th Logistics Readiness Squadron; and Master Sgt. Michael Featherston, 65th Communications Squadron**

Tops In Blue performs in Praia this Saturday

Tops In Blue, the Air Force's premier entertainment group, will perform at U.S. Air Forces in Europe installations now through October.

As their first stop, the team will be performing for the base and local community on Terceira this weekend.

"People will get a chance to see Tops In Blue perform from 8 to 9:30 p.m. Saturday at the military port in Praia," said Dr. Kim Moore, TIB project officer at Lajes.

Food and drinks will be available from 5 to 7:45 p.m. and from 9:30 to 10:30 p.m. Parking will be limited but available.

"There will be room for about 250 vehicles," said Kevin Burns, Military Surface Deployment and Distribution Command Detachment Azores. "This is the same parking area that's been used for the week-long Praia Fest in August."

Military members and ID card holders can park inside of the gates of the military port.

"Parking will be on a first-come, first-serve

basis," Dr. Moore said. "Buses will be running from the base commissary parking lot beginning at 6 p.m. and will return following the show."

This year's show, entitled "...And The Beat Goes On," will be a slight departure from the normal production, with a new theme, major set changes and an emphasis on percussion, according to Tom Edwards, tour producer.

"Audiences are invited to join the 2005 Tops in Blue Team for an evening of music from greats such as: 'The Platters,' 'Gladys Knight and the Pips,' 'Billy Joel,' 'Gloria Estefan,' 'The Weather Girls,' and so many more," said Mr. Edwards. "And, of course, no Tops In Blue show would be complete without our patriotic music as we pay tribute to all Air Force personnel and their

families who serve our nation with such pride and dedication."

Visit www.airforcetopsinblue.com for more information about Tops In Blue. (Article courtesy of USAFE Services with contributions from the 65th Air Base Wing Public Affairs office.)



Capes, tights not symbolic of all heroes

**By Tech. Sgt.
Renee Kirkland
NCOIC, public affairs**

Not all heroes wear tights and a cape. Some work quietly behind the scenes and show their heroic traits by volunteering their time to help others.

Many people refer to volunteering as 'people helping people.' Some people at Lajes are doing their share and more to help others.

Staff Sgt. Jen Lazore, 65th Logistics Readiness Squadron, volunteers as a way to pass away the time.

"I volunteer to help keep myself busy and socialize with new people," she said. "I believe you learn a lot from interacting with others."

Sergeant Lazore's interaction takes two primary forms. She volunteers with the Girl Scout's Brownie Troop #10 and also involves herself with various Air Force and base events throughout the year.

Not everyone who volunteers has previous experience with the agency they become involved with.

"I was never in Girl Scouts," said Sergeant Lazore. "I started as a helper with a troop and now I'm a troop leader. This is the third troop I've worked with. Our troop has 12 girls ranging from 7-9 years old. We work on manners, dealing with conflict and learning about different cultures."

Lajes abounds with volunteer opportunities, Sergeant Lazore

said. Members interested in volunteering should check out the flyers put up around base and opportunities sent out via e-mail for base organizations needing volunteers.

While not everyone has 10 hours every week to volunteer like Sergeant Lazore, there are smaller projects that could also use their assistance.

According to Life Skills Education literature, more than 40 percent of Americans over the age of 18 are volunteers and the average volunteer gives several hours a week to the organization they are helping. The literature also states that volunteering can do two things for a person: lead to a career in the volunteering area and give some experience they can translate

into other aspects of their life.

In an effort to highlight the actions of volunteers, the U.S. Air Forces in Europe Command enacted the Hidden Heroes Volunteer program.

The local program is spearheaded by the Lajes Family Support Center. The purpose of the program is to increase volunteerism and provide a mechanism for supervisors to recognize the contributions of Team Lajes members to the community.

People seeking ways to volunteer in the Lajes community can visit the USAFE Family Matters Portal at https://wwwmil.usafe.af.mil/direct/a1/A1P/A1PM/FMP/FMP/index_Public.htm or call the FSC staff at 2-4138.

Focus notes

Free child care

Hearts Apart Childcare is a base program designed to support spouses of those deployed or on temporary duty by providing a few hours of childcare a month.

A limited number of slots are available at the child development center on Tuesdays and Thursdays from 2 p.m. to 5 p.m., for free.

Age groups to be accommodated are as follows: infants (6 weeks-17 months); toddlers (18 months-35 months); and preschoolers (3-5 years).

This program can't provide care on a regular basis, but the goal is to provide each family an opportunity for scheduled care approximately every three weeks. Availability varies depending upon the number of children needing care. The child development center staff will work with all parents to maximize opportunities to use this program.

Families eligible for the "Support to Deployed Spouses" benefit, a part of the Combat Care program, are those with a military member deployed or on temporary duty for more than 30 days.

National Honor Society students and other high school students have also offered to provide a few hours of free child care during their summer break for families who are separated by deployment or extended TDY.

Eligible families may contact their unit Key Spouses or the family support center for the list of volunteer babysitters. For more information on free CDC childcare, call 2-3188.

Combat Touch

All Combat Touch events take place at the base chapel unless otherwise noted.

■ A Catholic Men of the Chapel Mass and dinner is at 6 p.m. Wednesday.

■ The New Creation Café is open at 7 p.m. July 15 at Eddie's Place.

■ Men's Spiritual Leadership Training/Breakfast is at 7 p.m. July 15 at Eddie's Place.



Bratwurst sale

Master Sgt. Michele McCullough-Cruz, 65th Air Base Wing Inspector General's office, and son Lucas Cruz and Ashley Sandy sell bratwursts at the post office. The Senior NCO Induction Planning Committee used the bratwurst sale as a way to raise money for the Senior NCO induction ceremony. (Photo by Airman 1st Class Josie Kemp)



USAFE receives new vice commander

Lt. Gen. Robert D. Bishop Jr. assumed the position of U.S. Air Forces in Europe vice commander July 6.

In his new position, General Bishop will conduct and coordinate offensive and defensive air and space operations for U.S. European Command on behalf of the USAFE commander.

The general will also be responsible for providing administrative and logistical support to all Air Force units and activities in USAFE's geographical area of responsibility, which includes Europe and Russia, as well as

regions in Africa and the Middle East.

In addition, he will be in charge of Air Force negotiations with foreign and U.S. officials.

The general said he is excited about his new position.

"USAFE's strategic presence and unparalleled readiness are key enablers for our nation," said General Bishop. "As we continue to sustain and execute the Global War on Terrorism, I can't think of a more exciting place to be than here in USAFE."

"I look forward to the opportunity of building lasting rela-

tionships with our host-nation friends and allies and working with the courageous men and women of USAFE, as well as any challenges this new position brings," the general added.

And, General Bishop is up to the challenge, said Gen. Robert H. "Doc" Foglesong, USAFE commander.

"Our efforts today ensure our forces are ready to meet the challenges of the future," said General Foglesong. "General Bishop brings with him the correct strategic vision and focus that's needed to forge ahead as we

continue to lead the way for the most respected, all-purpose air and space force in the world."

The general, who is a command pilot with more than 5,300 flight hours in the C-141, T-41 and C-17, was previously assigned as the assistant deputy chief of staff for Air and Space Operations at Headquarters U.S. Air Force, Pentagon.

He has extensive wartime and contingency experience, and with tours at four strategic airlift bases, he also has a vast mobility background. (Courtesy of USAFE News Service)

Lajes Commissary deli adds bakery products

By Staff Sgt. Marcus McDonald
Crossroads editor

Earlier this year, the base commissary completed \$4 million in store-wide renovations but has since upgraded another area – its combined bakery and deli section.

"We've added an array of bakery products to our deli selection as a way to better serve our patrons," said Roger Wright, store administrator.

"We're now able to give customers more choices," he said. "They, in turn, give us feedback as to how we can better fulfill their needs."

Mr. Wright said the bakery/deli section is also serving customers a selection of coffee, pastries and sandwiches.

"Our customers have responded very favorably," he said. "We've had nothing but positive comments from our patrons."

Ana Vieira, sales store clerk, said variety is vital to customer satisfaction.

"Because of these changes, we're able to give people more variety, which we hope will bring them back over and over again," said Ms. Vieira, who has worked at the Lajes Commissary for 17 years. "Customers continually tell us they appreciate what we've done and let us know how to better serve them."

Two regular customers gave their opinions on the recent changes at the bakery/deli section.



Ana Vieira, sales store clerk, put out bakery products Tuesday at the commissary. (Photo by Staff Sgt. Marcus McDonald)

"This is the secret of Lajes," said Senior Master Sgt. Christopher Beckwith, Det. 6, American Forces Network Lajes. "It's a great place to come to grab a quick sandwich, cup of coffee and even a pastry during the lunch hour."

Senior Airman Adam Gray, 65th Security Forces Squadron, echoed those sentiments.

"The staff and the food here are exceptional," Airman Gray said. "Good prices and great customer service are truly their specialty."

Base officials announce list of July promotees

The following Lajes Airmen will be promoted in July: **Senior Airman Joseph Dillard**, 65th Civil Engineer Squadron; **Airman Bradley Theuret**, 65th CES; **Tech. Sgt. Clinton Jordan**, 65th CES; **Tech. Sgt. Eric Lewis**, 65th CES; **Staff Sgt. Jacob Silvia**, 65th CES; **Staff**

Sgt. Mark Culver, 65th Communications Squadron; **Tech. Sgt. Abdel Quesadafaez**, 65th CS; **Staff Sgt. Heather Ricks**, 65th CS; **Senior Airman Charles Holiness**, 65th CS; **Airman Mariko Cepeda**, 65th Logistics Readiness Squadron; **Master Sgt. Dean**

Klebenow, 65th LRS; **Tech. Sgt. Sarah Edwards**, 65th Medical Operations Squadron; **Staff Sgt. Ray Sandoval**, 65th MDOS; **Master Sgt. Elixzine Kennedy**, 65th Mission Support Squadron; **Master Sgt. Juan Amador**, 65th Operations Support Squadron;

Tech. Sgt. Felicia Shropshire, 65th OSS; **Staff Sgt. Quiana Dansby**, 729th Air Mobility Squadron; **Staff Sgt. Lisa Hohensee**, 729th AMS; **Tech. Sgt. Lamar Isaac**, 729th AMS; and **Staff Sgt. Sherri Kidd**, 729th AMS. (Courtesy of 65th Mission Support Squadron)

Senate confirms Moseley as next CSAF

SAN ANTONIO (AFPN) -- The Senate has confirmed Gen. T. Michael Moseley as the next chief of staff of the Air Force. He is the current Air Force vice chief of staff.

General Moseley met with members of the Senate Armed Services Committee June 29 during his confirmation hearing. Following the approval of the committee, his nomination was forwarded to the full Senate which approved the nomination just before adjourning for the Fourth of July holiday.

During the hearing he said his priorities would be to further refine and improve joint warfighting skills, continue to strengthen the Air Force's greatest asset -- its people -- and to recapitalize the aging aircraft fleet to meet future warfighting needs.

General Moseley is a command pilot with more than 2,800 hours in the T-37 Tweet, T-38 Talon and F-15 Eagle. He is a graduate of Texas A&M University where he earned both a bachelor's and a master's degree in political science. Besides holding numerous operational assignments, he commanded U.S. Central Command Air Forces and served as Combined Forces Air Component commander for operations Southern Watch, Enduring Freedom and Iraqi Freedom.



General T. Michael Moseley was confirmed by the Senate July 1 as the next chief of staff of the Air Force. (U.S. Air Force photo by Master Sgt. Jim Varhegyi)

Troops track terrorists, prevent attacks over holiday weekend

WASHINGTON, July 4, 2005 -- U.S. military forces spent the Fourth of July holiday weekend hunting down insurgents and stopping deadly bombs attacks throughout Iraq, military officials Baghdad reported.

At least 100 suspected terrorists, some of them foreign fighters, were detained today, as Operation Muthana Strike was launched. Some of the captured foreign fighters are from Egypt, officials said. The operation involved about 600 Iraqi army soldiers and 250 Task Force Baghdad soldiers, and was based on credible information from local residents' tips. It targeted terrorist safe houses in the neighborhoods adjacent to the west side of Baghdad International Airport.

Also today, Task Force Baghdad soldiers caught a man red-handed trying to detonate a roadside bomb along a highway south of the city. The military said soldiers patrolling in south Baghdad at around 2 a.m. noticed two sets of wires leading to the side of a highway. The patrol followed the wires to a bunker with an overhead cover and found a man with a spool of wire inside.

One of the two sets of wires was already burned, possibly indicating that someone already tried to detonate the bomb, officials said. The other set of wires led to a secondary bomb. The suspect was taken into custody for questioning.

A large weapons and ammunition cache was discovered inside a house west of Risalah today. U.S. soldiers from 3rd Battalion, 7th Infantry Regiment, 4th Brigade Combat Team, 3rd Infantry Division, found the cache during a random knock-and-search operation. Weapons and ammunition found included a U.S. body armor vest, four AK-47 assault rifles, two improvised rocket-propelled grenade launchers, two 82 mm mortars, three RPGs, 300 rounds of 9 mm ammunition, two 60 mm mortars and 10 grenades. Soldiers also found three new Iraqi police uniforms.

As many as 40 suspected terrorists were detained July 3 after attacking a joint U.S.-Iraqi patrol near Yusufiyah. The attack started when the patrol struck an improvised explosive device, then came under small-arms and rocket-propelled grenade fire. Five Iraqi army soldiers were killed

in the attack, and three were wounded. Three local citizens also were wounded. There was no report of U.S. casualties.

The military also reported that several possible bomb attacks were foiled by the alert actions of U.S. and Iraqi soldiers. West of Baghdad on July 3, Iraqi army soldiers prevented a terrorist car-bomb attack after spotting the vehicle parked on the side of a major highway. Inside the vehicle, soldiers found wires around the steering column, four mortar rounds, one land mine and a radio with wire connected to the car. An explosives team safely detonated the car bomb. Citizens in the area said the driver had parked the car, got into a taxi, and left.

Meanwhile, Iraqi police at the Zuhur station seized a powerful car bomb July 3 from three suspected terrorists apparently preparing for an attack on the station. The car bomb included 20 rockets, 25 rocket-propelled grenades, 25 hand grenades, three bags of TNT and nine cases of mortar rounds. Iraqi police killed one of the suspects and captured another. A third suspect escaped.

Earlier in the day, Task

Force Baghdad soldiers on patrol spotted a roadside bomb near a highway in northern Baghdad. The military said the bomb detonated prematurely, and no one was injured.

Task Force soldiers found two other roadside bombs hidden near major highways in western Baghdad.

Military officials in Iraq announced the capture last month of al Qaeda operative Imad Nassar Ahmed Amarah, also known as Abu Hamza, in Mosul. The Tunisian born terrorist specialized in importing suicide bombers, officials said. The military said Amarah ran a series of suicide bomber safe houses in the Mosul area for Abu Ibrahim, who was killed by security forces.

Amarah's job was to facilitate bringing suicide bombers and foreign fighters into the Mosul area.

Evidence collected indicated that more than 100 suicide bombers have passed through and operated out of his terrorist safe houses, officials said. (Courtesy of American Forces Press Service. Compiled from Multinational Force Iraq and Task Force Baghdad news releases.)

Airmen form unique personnel team

By Tech. Sgt. Brian Davidson
447th Air Expeditionary Group
Public Affairs

BAGHDAD, Iraq (AFPN) — More than 85 Airmen have begun serving 365-day deployments supporting the war on terrorism here, and about 200 positions are expected to be in place by December.

For many people, the extended tour offers a unique opportunity to help freedom and democracy grow in Iraq; however, with that opportunity comes a unique set of challenges when it comes to career and personal matters.

In response to those challenges, a team of Airmen have begun their own tour in Baghdad. They are the expeditionary Air Force personnel element at Camp Victory.

The five Airmen, all experts in personnel issues unique to people serving in a deployed environment, have set up shop in what has become known as the "Air Force House," a building once home to Saddam Hussein's daughters.

Earlier this year, Air Force officials announced that some people deploying in support of the war on terrorism would break away from the standard air and space expeditionary force rotation in favor of a 365-day extended deployment to

help build stronger relationships with host-nation governments.

The extended tours include key operational and joint task force positions intended to offer joint task force commanders more continuity in critical positions where the local culture requires more time to establish meaningful ties with local people and government officials.

"There are career benefits for extended temporary assignments, including short-tour credit and exemption from AEF and other contingency deployments for six months following the assignment," said Maj. Michael Mullins, chief of the personnel element. "Our mission is to offer these deployed warriors a full-up customer service establishment, carrying out the mission of a mini military personnel flight and a robust commander's support staff."

Because the yearlong positions are an integral part of a combatant commander's mission, Maj. Gen. Anthony F. Przybyslawski, Air Force Personnel Center commander at Randolph Air Force Base, Texas, knew that people filling those positions would require an expeditionary personnel flight capable of catering to their unique needs.

Since arriving in Baghdad in April, the team has provided service in areas such as professional military education, promotions, decorations and even rest and recuperation issues.

"We have been holding workshops with other operating base (personnel) teams to make

sure our services are on target and coordinated," said Major Mullins, who is deployed from AFPC.

The Airmen also serve as the commander's trusted advisers for assisting deployed personnel teams with personnel accountability, casualty issues and assignment position data.

Although providing military personnel flight services may sound mundane, doing so in a deployed environment is not without its dangers. The team is exposed to insurgent rocket and mortar attacks along with the Airmen they serve.

Although the 365-day deployments may appear to be remote tours, they are not permanent change-of-station moves. Airmen remain attached to their home stations during their tours.

These unique positions will help add stability to the Air Force's role in Iraq, and the personnel team will add a home-station level of support for the people serving in those positions, said Chief Master Sgt. John Potts who is deployed from Scott AFB, Ill.

Although the team is serving the people assigned to Operation Iraqi Freedom for one year, they are on a standard AEF rotation.

"When it's time to redeploy, we will have systems, procedures and continuity firmly established for the next team coming in," Major Mullins said.



Car bash

1st Lt. Matthew Seedall, 729th Air Mobility Squadron, lands a sledgehammer into the side of a van during the AMS Car Bash June 30 in the squadron's parking lot. More than 100 people took part in the fundraiser. (Photo by Capt. Yvonne Levardi)



Cable guy

Staff Sgt. Michael Gielbeda, ground radio communications specialist with the 213th Electronics Installation Squadron, upgrades a local area network in the 65th Air Base Wing headquarters Tuesday. Sergeant Gielbeda and more than 50 other engineering and installation troops have, since the beginning of June, installed more than 1.2 million feet of LAN cable throughout the base. The team departs Lajes Saturday. (Photo by Staff Sgt. Marcus McDonald)

Group's focus on military children lauded

**By Rudi Williams
American Forces Press Service**

WASHINGTON (AFP) — The general nominated to be the next Air Force chief of staff praised the work of the military child education coalition here June 29 during the group's annual conference.

Gen. T. Michael Moseley, currently the Air Force vice chief of staff, said the coalition not only is in the forefront of leveling the playing field for military children worldwide, but also plays a major role in the war on terrorism.

"You're so important for everything we stand for in the military, everything we hold dear and everything that provides a foundation for our families that allows us to go off and defend this great republic," General Moseley said. "When we look at the papers and TV, we see terrorists and insurgents attacking freedom-loving men and women around the world, trying to take away things that we cherish and hold dear."

He said extremists are trying to prevent people, especially in Afghanistan and Iraq, from enjoying freedom from tyranny, freedom of choice and freedom of thought.

"Those are important concepts," General Moseley said. "Today at home and abroad, the brave men and women of your armed forces — Soldiers, Sailors, Airmen, Marines, Coast Guardsmen and Merchant Marines — are out there tonight working to protect our country's future and our children's future."

But they are not doing it alone, he said.

"When fighter pilots go to war, they always go with a wingman," the general said. "Your wingman protects you, watches out for you, no matter how heavy the surface-to-air missile fire, or how bad the weather. The wingman is there."

General Moseley said the education coalition functions as the wingman in the interest of military families, and especially the children.

"Thank you for being the military's great wingman in this endeavor of taking care of our families and our children and ensuring that they have opportunities and advantages that they would not have had without you,"

General Moseley said. "Together, we can secure a future for our children and our grandchildren, because that's what's at stake here."

"You're doing most outstanding work to make sure military children are given the best education and best environment we can provide," he said.

The challenges of making multiple moves, changing schools, making new friends and enduring extended deployments of one or both parents are tough for military children, he said.

"In working these challenges every day, you do us a great service, and you do our families a great service," General Moseley told the education coalition staff. "What you do is so vital to allow our Soldiers, Sailors, Airmen, Marines and Coast Guardsmen to focus on winning this global war on terrorism."

"We need them to stay focused," he said.

"We're facing a resourceful, adaptive and ruthless enemy."

General Moseley said that troops on the battlefields are more than just warfighters — they are wives, husbands, daughters, sons, sisters, brothers and parents, and their children face unique educational challenges.

"When a mom or dad deploys for three months, six months or a year, who is taking care of those children?" General Moseley asked. "Hopefully there is a spouse — except, about 7 percent of our military families are single-parent households. About 57,000 (servicemembers) have a spouse who is also in the military. So the pressures are additive."

"Fortunately, they and we have you," he said. "And fortunately, you're magnificent in what you do and in your understanding of what this is all about and what it means to all of us."

He said servicemembers today are the most educated, most creative, most innovative and most lethal the world has ever seen.

"We owe the spirit, commitment, expertise and that energy to you," he said. "I'm truly humbled by what your dedication and hard work and skills have done for (servicemembers) in schools across the country. You've helped our children take advantage of an educational system that's second to none. But it bears watching, because any kid out there (who's) disadvantaged, lonely or is missing a parent has to be touched and has to be taken care of."



COMMENTARY

A bike helmet saved my cousin's life

By Valerie Garza
Contributing writer

Now that summer is in full swing, parents and children alike will take several opportunities to do some outdoor activities.

Regardless of how old or experienced one is with riding bikes, scooters, skateboards or skates, he or she should always wear a helmet.

Whether taking a path or just riding freely on the roads of Terceira, always wear a helmet, take it slow, and be careful.

My 12-year-old cousin, Michelle, recently experienced first-hand the importance of wearing a helmet. She and her family went on a bike ride down the nature trails of Otter Creek Park in Louisville, Ky., the weekend before her dad, an Army sergeant at Fort Knox, Ky., was to be deployed to Iraq.

Michelle was leading the family on the

path in Otter Creek when she turned a corner too wide, lost control of her bicycle's handlebars and vanished down a steep cliff. She fell 150-175 feet down the cliff with tree limbs breaking her fall.

Her dad, Michael, after yelling for her and hearing a faint sound, jumped down the cliff to save Michelle without a second thought. He managed to reach his daughter and together step-by-step made it back up the cliff where the rescue workers were.

Although my cousin received injuries to include a broken left collar bone, a jaw broken in two places, broken facial bones, broken teeth, stitches and other cuts and scrapes, without a bicycle helmet she could have had several head injuries and even possibly died. The helmet my cousin was wearing saved her life.

Helmets do save lives! Don't forget to put yours on throughout the remainder of the summer and for the rest of your life.



Michelle cries as her dad tells her how he jumped down the cliff to save her. (Courtesy photo)

Commander's Line

e-mail:
ccline@lajes.af.mil
call: 2-4240

The Commander's Line is your direct link to me for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing for which you can't find another solution.

Your chain of command should always be your first option for praise or problems - but when that's not the answer, call or e-mail the CC Line.

Thank you!

Col. Robert Winston
65th Air Base Wing
commander



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Contents of the Crossroads are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

The editorial content is provided, edited and prepared by the Public Affairs Office of Lajes Field.

The Crossroads staff encourages its readers to call or e-mail with ideas or corrections. Call 2-3347 to speak to a Crossroads staff member or e-mail us at news@lajes.af.mil.

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Exploring the Cagarro or Cory's Shearwater

Ask Ed



By Eduardo Lima
Community Relations Advisor
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Question: What is the name of the bird that is frequently seen flying near the shores during the summer nights and makes a weird noise?

Answer: The bird is commonly known to the Portuguese as Cagarro or Cory's Shearwater to the Americans and is a migratory bird whose scientific name is *Calonectris Diomedea Borealis*. It is the most abundant and characteristic seabird of the Azores.

In March, after spending several months in South Atlantic waters, especially around



Cagarro or Cory's Shearwater

Brazil and Uruguay, these birds return to the Azores to begin an eight-month reproductive period, usually in the same location of the previous year.

Cagarros have a long life that could reach up to 40 years. Their singing, especially during the night, is very peculiar and sometimes resembles human weeping. It feeds on small fish and squid and is usually observed following schools of dolphins and tuna fish.

The Archipelago of the Azores has the world's largest concentration of this type of bird, and is an important site in the world for the propagation of this species. Currently, they are protected by national and international laws. Some Azorean students from the Island of Pico also created a local protection movement called S.O.S. Cagarro with the objective of protecting them.

These birds nest inside cavities located in the cliffs around the islands that can be several feet deep.

The cagarros apparently find their way by way of the stars in the sky, but during their maiden flight, especially during cloudy nights, they are attracted and dazzled by street and car lights.

If someone sees a dazzled cagarro lying

in the middle of the street during the night, one should place a coat or piece of cloth over it, put it inside a box and release it in a dark area, preferably close to the ocean so the bird can find its way again.

How'd they do that?

Question: How did the cities of Praia da Vitoria and Angra do Heroismo get their names?

Answer: These two cities were formally called Praia and Angra respectively. Praia means beach and Angra means bay. In the early 19th century, during the Portuguese Civil War between the liberals and absolutists, Praia supported the liberals. In 1829, the town heroically and successfully resisted an attack and attempted landing by an absolutist fleet of 21 ships with highly superior forces. It was because of this victory that they added the word "Vitoria" (victory) to the town's name in 1837.

The city of Angra also took an active part in the struggles for the founding of the liberalism cause, and became the seat of the liberal regency during the Civil War.

Because of the spirit of sacrifice and bravery demonstrated by its people during the struggle, Angra received from Queen Maria II the title of "Heroismo" (heroism), which was proposed by the great Portuguese writer Almeida Garrett who lived in exile on the Terceira island for some years.



Everyday Hero

**Tech. Sgt.
Mickie Urquhart**

65th Air Base Wing
Command Post

Duty title: Command post controller

Job description: Provides vital Command and Control (C2) link between HQ USAF/AMC and 65th ABW/transient forces. Initiates wing response to accidents, emergencies, disasters, evacuations, hazardous cargo, force protection/defense condition changes and distinguished visitors.

Time in the Air Force: 17 years

Spouse/children: Husband, Tracy, daughters, Alicia, and Alivia

What are your career goals? Be the best controller and mentor I can be every day.

Best military experience: Coordinat-

ing search and rescue missions while assigned to the Air Force Rescue Coordination at Langley AFB, Va.

Life goal: Retire from the Air Force, move to Arizona, open a bed and breakfast and live happily ever after

Hometown: Grand Junction, Colo.

One word to describe you: Energetic

Hobbies: Shopping, reading and hanging out in the sun with my friends

Favorite food(s): Mexican

Favorite color: Pink

Pet peeve: Dishonesty and laziness

No one knows: I know how to tap dance

When I was growing up, I wanted to be: A dancer

The first thing I would do if I won \$1,000,000 is: Take my entire family to a 5-star resort in the southern part of France for at least two weeks and be totally spoiled.

Standings

Summer Basketball

| Team | W | L | T |
|------------|---|---|---|
| CES | 3 | 0 | 0 |
| SMAC | 2 | 0 | 0 |
| COMM | 1 | 2 | 0 |
| AMS | 0 | 2 | 0 |
| LRS | 0 | 2 | 0 |

Intramural Softball

| Team | W | L | T |
|--------------|----|----|---|
| CES #1 | 12 | 1 | 0 |
| LRS | 11 | 2 | 0 |
| COMM | 10 | 4 | 0 |
| SFS | 7 | 6 | 0 |
| AMS | 7 | 7 | 0 |
| SMAC | 5 | 8 | 0 |
| OSS | 5 | 9 | 0 |
| CES #2 | 3 | 9 | 0 |
| Med Gp | 0 | 14 | 0 |

Co-ed Softball

| Team | W | L | T |
|----------------------|---|---|---|
| LRS | 6 | 1 | 0 |
| CES | 4 | 1 | 0 |
| Ladies/Varsity | 1 | 5 | 0 |
| Med Gp | 1 | 5 | 1 |

Ladies' Softball

| Team | W | L | T |
|------------------|---|---|---|
| CES/SFS | 7 | 3 | 0 |
| COMM | 6 | 4 | 0 |
| Med Gp/AMS | 2 | 8 | 0 |

Intramural Golf

| Team | W | L | T |
|---------------|---|---|---|
| COMM #1 | 5 | 0 | 0 |
| OSS | 3 | 0 | 1 |
| CES | 3 | 2 | 0 |
| LRS | 2 | 2 | 0 |
| AMS | 2 | 3 | 0 |
| SMAC | 1 | 1 | 2 |
| Med Gp | 0 | 4 | 0 |
| COMM #2 | 0 | 4 | 1 |

Intramural Soccer

| Team | W | L | T |
|----------------|---|---|---|
| OSS/SMAC | 4 | 1 | 1 |
| CES | 4 | 2 | 0 |
| LRS | 4 | 2 | 1 |
| AMS | 0 | 7 | 0 |

Note: For more details, visit <https://info.lajes.af.mil/Links.htm> and click on sports page.



Safe return

Brad Stebbins, 65th Operations Support Squadron Weather Flight, prepares to return the ball during a recent tennis tournament. Stebbins finished third place. (Photo by Airman 1st Class Josie Kemp)

From 1.5 miles to 61 marathons

**By Lisa Terry McKeown
Pope Air Force Base, N.C.**

Once a year, active-duty Airmen head outside to the track to tackle the 1.5-mile run as part of the annual physical fitness test. It is an event not everyone looks forward to.

For some, running is something to do only when tested or being chased, but for an Airman at Pope Air Force Base, N.C., pounding the pavement has become a way of life.

David Hamel, a 28-year chief master sergeant, used to fear running the 1.5 miler for the fitness test. "I used to try and just get through it," he said.

Sixty-one marathons later, fear is no longer part of his fitness test vocabulary.

It all began in 1988. Hamel was stationed in Okinawa, Japan, and was dealing with everything from high cholesterol and a divorce to the closing down of a unit. He started running with a local running group as a way to try and change his lifestyle.

"It was a way to end something old and start something new," Hamel said.

At first, the runs were four- to six-mile cross-country all-terrain runs. Over time, he ran with groups in Japan, the Philippines, Guam, South Korea and Taiwan.

"I had run on and off before," he said. "Then I got to the point where as I kept running, it helped me keep more of a balance with everything that was going on."

Hamel ran his first marathon December

1990 in Naha, Japan. He ran the 26.2-mile race in 4 hours, 9 minutes.

"It was hot over there, but what an exhilarating feeling when I crossed that finish line," he said. "It really is a pure sport — just your own two feet. There are no wheels and no one else to do it for you. It's just your own power and your own mind. If you choose to stop, then you stop. No one is going to pull you across the line."

Since 1990, the 46-year-old chief has run 61 marathons in 35 states. He averages four to five races a year and has run only one of the numerous races more than once. His goal is to run at least one marathon in every state and to complete 100 marathons.

His most recent race was at the Twisted Ankle Trail Run in Summerville, Ga.

"It was the first time that the race had been run, so they were having us name the hills and valleys when we were done," he said. "It was one of the hardest races I've ran."

Hamel said training for the marathons is his "quiet time." He works in two hilly four-milers during the week and a 10- to 13-mile run on the weekends. But he said the key to his success in training is the 2.5 hours he spends playing in-line hockey Friday nights.

"I hate speed work, but you need it along with long distance in order to find the right balance," he said.

Timeout

Health fair

The 2nd Annual Health Fair takes place from noon to 5 p.m. Wednesday in the community center. The event features information booths, fire department demonstrations, static displays, door prizes and food.

For more information, call Staff Sgt. Elmer Francisco 2-3239.

See Miles to marathons, page 10

Game Schedules

Intramural Softball

Monday

6 p.m. - OSS vs. LRS
7:10 p.m. - SMAC vs. SFS
7:10 p.m. - CES #2 vs. COMM
8:20 p.m. - CES #1 vs. SMAC

July 13

6 p.m. - SMAC vs. CES #2
6 p.m. - CES #1 vs. COMM
7:10 p.m. - OSS vs. AMS
7:10 p.m. - SFS vs. Med Gp
8:20 p.m. - LRS vs. AMS

Summer Basketball League

Monday

6 p.m. - COMM vs. LRS
7 p.m. - AMS vs. SMAC

July 18

6 p.m. - SMAC vs. CES
7 p.m. - LRS vs. AMS

July 25

6 p.m. - COMM vs. AMS

Intramural Tennis

Tuesday

5:30 p.m. - LRS vs. CES
7:30 p.m. - OSS vs. SMAC

July 19

5:30 p.m. - OSS vs. COMM
7:30 p.m. - SMAC vs. CES

July 26

5:30 p.m. - COMM vs. CES

Ladies' Softball

Tuesday

6 p.m. - CES/SFS vs. Med Gp/AMS
7:10 p.m. - COMM vs. CES/SFS
8:20 p.m. - COMM vs. Med Gp/AMS

Intramural Soccer

Thursday

6 p.m. - AMS vs. LRS
7:30 p.m. - CES vs. OSS/SMAC

July 21

6 p.m. - OSS/SMAC vs. CES

Note: Schedules subject to change.

Timeout

Scuba diving instruction

The Lajes Field Scuba Club, Aqua-Knights of Atlantis, holds a discover scuba dive from 9:30 to 11:30 a.m. Saturday at the base pool. A certified master dive instructor will be on hand to lead participants as they experience the sensation of flying through the water. A \$10 fee will cover equipment/pool rental and instruction. For more information, call Elisa Anderson at 964-101-752.

HCAC meeting

The next Heath Care Advisory Council meeting is set for 1 to 2 p.m. July 26 in the base chapel. The HCAC provides an opportunity for our beneficiaries to speak directly to our health care professionals about current health care issues, policies, procedures, and programs. For more information, call Capt. Angela Thompson at 2-3013.



The winner

Brian Meverden, 729th Air Mobility Squadron, breaks in the bowling ball he won as part of Lajes' June Bowling for Stars and Stripes promotion. The next drawing is set for July 15. (Photo by Staff Sgt. Marcus McDonald)

Miles to marathons, from page 9

The in-line hockey gives him the sprint work he needs to complete his cross-training.

Running has not only become a huge piece of his life, but it has also changed the way he looks at the days as they come and go.

"Running is about life," he said. "It's putting one foot in front of the other, standing on your own two feet and taking things in stride. You run your own race at your own pace — not somebody else's race. You learn that there are some things that you can control and others that you can't. You finish what you start, and you never run from something, but to something."

Out of a marathon's 26.2 miles, Hamel said it is the first six that are the toughest. "You go out easy and start out slow," he said. "You're taking in all the elements. Once you find your groove after those first few miles, it determines the rest of the race."

When he nears the point in the race where he needs a boost to keep putting one foot in front of the other, Hamel turns on his headset radio.

"I carry it with me through the race, but I do not turn it on until I reach that point," he said. He turns the radio off during the last two miles. "That's the real glory part of the race. When you know that the end is in sight, even if you

"Running is about life. It's putting one foot in front of the other, standing on your own two feet and taking things in stride."

-- David Hamel

have to crawl, you are there. You get to enjoy the cheers from the crowd and each time it's a different experience when you cross the line. It's the only way to go."

His running crosses over into his career in ways other than his annual fitness test. The chief does not play up his running, but when he runs with his troops, he lets his running speak for itself.

"With today's fit-to-fight force, it's important for the troops to see that even an 'old' chief can hold his own" he said.

It is more than just his ability to run with his troops and smoke the fitness test that shows through in his work. It is the example Hamel sets through the life lessons that running has helped him learn.

"I've learned that you finish what you start," he said. "If you do that, you will not only be successful in running, but in your military career and in life."



Hamel runs in his 60th marathon. The chief master sergeant finished the race in 4 hours, 37.50 seconds — an average 11 minutes, 35 second pace per mile. (U.S. Air Force photo)

PLANNER

Meal time

Burger King: 7 a.m.-9 p.m. Sun.-Thu.; 8 a.m.-10 p.m. Fri., Sat.

Frank's Franks: 11 a.m.-6 p.m., Tues.-Sat.

Oceanview Island Grill: Lunch 11 a.m.-11 p.m. Mon.-Sun. Specials, with fries or salad & drink: Mon., roasted chicken or meatball sandwich; Tue., 16" 2-topping pizza; Wed., fried shrimp; Thu., 16" 1-topping pizza or taco salad; Fri., lasagna. Pizza specials only come with drinks.

Subway: 10 a.m.-9 p.m. Mon.-Fri.; 10 a.m.-8 p.m. Sat.; noon-6 p.m. Sun.

Top of the Rock Club: Lunch 11 a.m.-1:30 p.m. Mon.-Fri.; brunch 8:30 a.m.-noon Sat.; dinner 5-9 p.m. Tue.-Sat. Lunch buffets & specials: Mon., Southern buffet, traditional club sandwich, chef salad; Tue., Mexican buffet, rancho burger, chicken fajita salad; Wed., Italian buffet, meatball sub, chicken Caesar salad; family dinner buffet; Thu.,

Oriental buffet, beef stir-fry sandwich, mandarin chicken salad; 2-4-1 steak night; Fri., seafood buffet, fish sandwich, tuna salad; Prime & Wine dinner; Hoof & Fin dinner special.

Chapel

Daily Mass: 11:30 a.m. Tue., Thu., Fri., 1st & 4th Wed.; 6 p.m. 2nd & 3rd Wed.

Tuesday
Charismatic prayer 7-9 p.m.

Wednesday
Protestant men's/women's lunch/study noon; Catholic choir practice 5 p.m.; Protestant youth Bible study 5:30 p.m. Bldg. T-1412A; traditional choir practice 6 p.m.; hand bell choir practice 7 p.m.

Thursday
Gospel choir practice 7 p.m.

Sunday
Protestant Celebration of Holy Communion 8:30 a.m.; Protestant traditional service 9 a.m.; Protestant Sunday school 10:30 a.m.; Catholic Mass

10:30 a.m.; Protestant Gospel service & fellowship noon; Protestant teens/youth 6 p.m.

Base services

Barber shop: 8:30 a.m.-6 p.m. Mon.-Fri.; 8 a.m.-4:30 p.m. Sat.

Beauty shop: 10 a.m.-6 p.m. Tue.-Sat.

Child development center: 7 a.m.-5:30 p.m. Mon.-Fri.

Community activities center: 10 a.m.-8 p.m. Tue.-Sat.; noon-5 p.m. Sun.

Commissary: 10 a.m.-6 p.m. Mon.-Wed., Fri., Sat.; 10 a.m.-7 p.m. Thu.

Chace Fitness Center: 5 a.m.-midnight Mon.-Fri.; 8 a.m.-7 p.m. Sat., Sun.

Dry cleaners: 9 a.m.-1 p.m. Mon.; 10 a.m.-6 p.m. Tue.-Fri.; 10 a.m.-4 p.m. Sat.

Flight View BX: 10 a.m.-6 p.m. Mon.-Wed.; 10 a.m.-8 p.m. Thu.-Sat.; 10 a.m.-5 p.m. Sun. & Portuguese holidays

Gas station: 10 a.m.-5 p.m.

Sun., Mon. (gas only); 10 a.m.-6 p.m. Tue.-Sat.

Library: 4-9 p.m. Mon.; 10 a.m.-9 p.m. Tue.-Thu.; 10 a.m.-6 p.m. Fri.; 10 a.m.-5 p.m. Sat., Sun.

Manicure shop: 10 a.m.-6 p.m. Tue.-Sat.

New Car Sales: 10 a.m.-6 p.m. Tue.-Wed.; noon-8 p.m. Thu.-Sat.

Ocean Front BX: 10 a.m.-6 p.m. Mon.-Wed.; 10 a.m.-8 p.m. Thu.-Sat.; 10 a.m.-5 p.m. Sun.

Outdoor recreation: 10 a.m.-7 p.m. Tue.-Sat.; 11 a.m.-7 p.m. Sun.

PFCU: 11 a.m.-4 p.m. Mon.-Thu.; 11 a.m.-5 p.m. Fri.

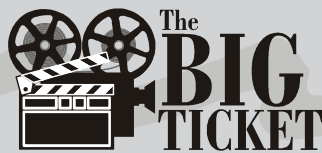
Shoppette: 9 a.m.-11 p.m. Mon.-Sat.; 10 a.m.-8 p.m. Sun.

Skills development center: noon-8 p.m. Tue.-Thu.; 10 a.m.-6 p.m. Fri., Sat.

Thrift shop: 12:30-4:30 p.m. Mon. & Wed.; 10 a.m.-2 p.m. Fri. & 3rd Sat. of the month.

Vet clinic: 9 a.m.-3 p.m. Mon.-Fri.; 1-7 p.m. 1st, 3rd Wed.

Youth & teen center: 3-6 p.m. Mon.-Sat.; 8 p.m.-midnight Fri., Sat.



Today: 7 p.m., 10 p.m. "Star Wars: Episode III-Revenge Of The Sith," rated PG-13 for sci-fi violence and some intense images. Three years after the Battle of Geonosis, the Clone Wars are coming to a close. Obi-Wan Kenobi, now a general dispatched by the Republic to bring down remaining Separatists Count Dooku and General Grievous. And Chancellor Palpatine has become corrupt, proclaiming himself Emperor, and, with Anakin Skywalker's help, begins to turn the Republic into the Galactic Empire. As Anakin ultimately becomes the evil we know as Darth Vader, Padme goes into hiding, and, at the end of one war, another conflict we know all too well is about to begin.

Saturday: 7 p.m., "Star Wars: Episode III-Revenge Of The Sith"

Sunday: 2 p.m., 7 p.m., "Star Wars: Episode III-Revenge Of The Sith"

Wednesday: 7 p.m., "Star Wars: Episode III-Revenge Of The Sith"

Thursday: 7 p.m., "Star Wars: Episode III-Revenge Of The Sith"

Note: Movies and times shown are subject to change with little or no notice. For more information, call the base theater at 2-4100.

AFN Sports

myafn.net

Friday

AFN-Atlantic

MLB: Cleveland Indians @ NY Yankees, 11 p.m.

AFN-Sports

MLB: San Diego Padres @ Houston Astros, noon

Cycling: 2005 Tour de France - Stage 7, 5 p.m.

PGA Tour: John Deere Classic - Second Round, 8 p.m.

MLB: Washington Nationals @ Philadelphia Phillies, 11:30 p.m.

Saturday

AFN-Atlantic

MLB: Washington Nationals @ Philadelphia Phillies, 5 p.m.

Champions Tour: Ford Seniors Players Championship - Third Round, 8 p.m.

AFN-Pacific

MLB: Oakland Athletics @ Chicago White Sox, midnight

Cycling: 2005 Tour de France - Stage 8, 4 p.m.

AFN-Sports

MLB: St. Louis Cardinals @ San Francisco Giants, 2 a.m.

Friday Night Fights: Emmanuel Augustus vs Ray Oliveira, 7 a.m.

Cycling: 2005 Tour de France - Stage 7 Primetime, 11:30 a.m.

MLB: Boston Red Sox @ Baltimore Orioles, 5 p.m.

MLB: St. Louis Cardinals @ San Francisco Giants, 8 p.m.

Sunday

AFN-Atlantic

MLS: Kansas City Wizards @ DC United, 11 a.m.

WNBA: All-Star Game - Eastern Conference All-Stars vs Western Conference All-Stars, noon

Cycling: 2005 Tour de France, 7 p.m.

Champion Tour: Ford Seniors Players Championship - Final Round, 8 p.m.

Cycling: 2005 Tour de France - Stage 9 Primetime, midnight (Monday)

AFN-Pacific

NASCAR: Craftsman Truck Series: Built Ford Tough 225, midnight

NASCAR: Nextel Cup Series: USG Sheetrock 400, 7:30 p.m.

AFN-Sports

PGA Tour: John Deere Classic - Third Round, 1 a.m.

NASCAR Busch Series: USG Durock 300, 7 a.m.

EVENTS

Advertising deadline is Friday one week prior to publication. E-mail announcements weekly in normal text with event, location, date, time, point of contact's full name and phone number/e-mail address to news@lajes.af.mil.

Street bullfights

Today: 6:30 p.m., Corpo Santo, Angra

Saturday: 6:30 p.m., Santa Rita Hill (close to AFN Lajes); Bairro São Pedro, Biscoitos; and Porto Judeu de Cima

Sunday: 6:30 p.m., Caminho da Cidade, Porto Judeu de Cima; Zona de lazer dos Cales, Altares; and Cova da Serreta

Wednesday: 6:30 p.m., Carreirinha, Angra

Other local events

Arts and crafts fair: An arts & crafts fair takes place at the marina in Praia from 6:30-10:30 p.m. every Sunday through Aug. 28.

Base events

Sushi anyone: Learn how to make sushi from 6-8 p.m. Tuesday during the Terceira Island Circle in the commissary breakroom. Call 2-4138 to sign up.

Button Brigade: The Lajes Button Brigade will sew stripes and patches on uniforms belonging to E-1s to E-4s at the monthly single and unaccompanied members' dinner, set for 5:30 p.m. July 28 at the base chapel.

VA visit: Paul Pittman, a Veterans' Administration representative, will brief members on VA benefits from 9-11 a.m. Aug. 8 at the family support center. He will also take one-on-one appointments on the afternoon of Aug. 8 and all day Aug. 9. For more information or to sign up, call 2-4138.

Play group: The parent/children play group meets from 10-11 a.m. every Tuesday in the family support center.

Hold 'Em: A Texas Hold 'Em tournament takes place at 7 p.m. July 15 at the Top of the Rock Club. Cost is \$25 for fee and dinner. Early registration is from 2-5 p.m. Thursday; there's only seats for 150 people.

Education center

ERAU classes: Manage-



Puma tour

Members of the local community get a tour of a Portuguese Puma helicopter during Sunday's Air Base No. 4 open house. (Photo by Senior Airman Jacob McCarthy)

ment 420 is July 25-31. Register through July 18. For more information, call Terra Schellig at 2-3375.

OU classes: Enroll for fall online courses through July 17 for Independent Directed Reading courses and internships through Sept. 1, and for "Current Problems in HR" through Aug. 8. For more information, call Kalina Hill at 2-3171.

Volunteer/jobs

Catholic coordinator: A contract for a Catholic religious education coordinator is open for applicants through today. For more information, visit the 65th Contracting Squadron in Bldg. T-615, second floor, or call 2-6855.

NAF jobs: The following positions are vacancies or anticipated vacancies within the 65th Services Squadron: lifeguard, recreation aids at the pool, youth center and community center and animal caretaker. To apply, visit the Human Resources office, Bldg. T-112, between 9 a.m.-4 p.m. Mon.-Fri. Only military spouses, family members and off-duty military are eligible to apply. For more information, call 2-5200.

Bank job: Pentagon Federal Credit Union has a job opening for a branch service representative. Previous banking experience preferred. DEROS must be after December 2006. Apply at Bldg. T-202 or call 295-513-221 for more information.

Subs needed: Lajes high and elementary schools need substitute teachers for the upcoming school year. Pick up applications at either school be-

tween 8 a.m.-3 p.m. weekdays. For more information, call Paula Carnley at 2-3491 or Lori McCoy at 2-4151.

Administrative assistant: TolTest, Inc. has an immediate opening for an administrative assistant. The job includes providing administrative support for a base project. The candidate must be able to work a full-time schedule with the ability to fulfill the duties of the position for the duration of the assignment (approx. 18 months). The successful candidate should have 3-5 years of professional/office experience and will be responsible for producing letters, meetings minutes, reports, filing, answering phones, interacting with subcontractors and maintaining the office. Must be proficient in Microsoft computer applications. Ideal candidate would be a U.S. citizen with the ability to communicate in Portuguese. Interested persons should submit a resume and cover letter to: TolTest, Inc., c/o Human Resources, 1915 N. 12th Street, Toledo, OH 43624 or email: hr@toltest.com.

Miscellaneous

School info: Parents interested in the free/reduced price meal program for next school year should e-mail Janet Ross at janet.ross@lajes.af.mil for an application. Parents who live off base should also e-mail Ms. Ross for a bus application, so the school can map out the bus routes. For more information, call 2-1314.

Selection board: The next undergraduate flying training

selection board will convene Jan. 10, 2006. The board will review active-duty applications for pilot, navigator or air battle manager training. Officers born after April 1, 1976 and a TFCSD after April 1, 2001, who meet all other eligibility criteria can apply. Send completed application, postmarked by Nov. 23, to HQ AFPC/DPAOT3, 550 C Street West Suite 31, Randolph AFB Texas 78150-4733. For more information on application procedures, see AFI 36-2205 or call the 65th Mission Support Squadron's formal training element at 2-5203.

Closures

Hillside Lanes: The Hillside Lanes Bowling Center will be closed Aug. 2-15.

Classified

Submit ads via e-mail to news@lajes.af.mil. Ads are due by 5 p.m. Friday.

PCS sale, everything must go: Two dehumidifiers, \$60 each. Microwave, \$35. Toaster oven, \$25, portable basketball hoop, \$20. DVD movies, \$7 each. Music CDs, \$5 each. Various household decorations/items, men and women's clothing. Call Michael at 295-543-332 or 2-6830.

For sale: 1996 Plymouth Grand Voyager SE. Good condition, AC, power everything, towing package. \$5,000 O.B.O. Call 295-549-676 or 961-172-071

For sale: 1995 Suzuki Alto. 5-Speed, CD, 30+ MPG. \$1,700 OBO. Available Saturday. Great car. Call Pat or Kelly at 967-313-207.

For sale: Klipsch center channel speaker, KSF-C5, in original box. 100 watts, 8 ohms, 24x7x7, black, 16 lbs. \$75. One recently sold on Ebay for \$95+shipping. Call Mike Nelson at 2-4259 or 295-549-229.